

Patient Exam Preparation Instructions:

Bone Density – Dexa/DXA

- Arrive at least 15 minutes prior to your scheduled appointment.
- Wear clothing to your appointment with an elastic waist to avoid having to change clothing.
- Eat normally and take medications as prescribed by your doctor. Do not, however, take any over-the-counter vitamins, calcium pills or calcium supplements within 24 hours of your exam.
- Whenever possible to try to schedule your future Bone Density (DEXA) scans at the same location as this appointment.

Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: UniversityRadiology.com

Bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

Questions?

Call **800-758-5545**